

MOUNTAIN STATES INTERNATIONAL BLACK BELT ACADEMY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY BBC ONLY	SATURDAY
Little Dragons	5:30 - 6:00 PM		5:30 - 6:00 PM			
Tigers White - Purple	6:00 - 6:30 PM 6:30 - 6:40 BBC	4:30—5:00 PM 5:00 - 5:10 BBC	6:00 - 6:30 PM 6:30 - 6:40 BBC	4:30—5:00 PM 5:00 - 5:10 BBC	5:30 - 6:30 PM	9:30 - 10:00 AM 10:00 - 10:10 BBC
Tigers Purple - Brown(advanced)	4:00 - 4:30 PM 4:30 - 4:40 BBC	6:00 - 6:30 PM 6:30 - 6:40 BBC	4:00 - 4:30 PM 4:30 - 4:40 BBC	6:00 - 6:30 PM 6:30 - 6:40 BBC	5:30 - 6:30 PM	9:30 - 10:00 AM 10:00 - 10:10 BBC
Eagles	4:00 - 4:30 PM 4:30 - 4:40 BBC	5:15 - 5:45 PM 5:45 - 5:55 BBC	4:00 - 4:30 PM 4:30 - 4:40 BBC	5:15 - 5:45 PM 5:45 - 5:55 BBC	5:30 - 6:30 PM	10:10 - 10:50 AM 10:50 - 11:00 BBC
Youth Basic Level 1 White, Yellow & Orange Level One Black Belt Club Only	6:40 - 7:20 PM 7:20 - 7:30 BBC	3:45 - 4:25 PM 4:30 - 5:10 PM 5:10 - 5:20 BBC	6:40 - 7:20 PM 7:20 - 7:30 BBC	3:45 - 4:25 PM 4:30 - 5:10 PM 5:10 - 5:20 BBC	5:30 - 6:30 PM	10:10 - 10:50 AM 10:50 - 11:00 BBC
Youth Level 2 BBC ONLY Purple - Adv Green	5:45 - 6:30 PM	3:45 - 4:25 PM 5:20 - 6:05 PM	5:45 - 6:30 PM	3:45 - 4:25 PM 5:20 - 6:05 PM	5:30 - 6:30 PM	11:05 - 11:50 AM
Youth Level 3 BBC ONLY Red & Brown	4:30 - 5:15 PM	6:10 - 7:00 PM	4:30 - 5:15 PM	6:10 - 7:00 PM	5:30 - 6:30 PM	11:05 - 11:50 AM
Jr. Black Belts	4:30 - 5:15 PM	ATTEND LEVEL 3	4:30 - 5:15 PM	6:00 - 7:00 PM	5:30 - 6:30 PM	
Jr. Black Preparation Class	5:15 - 5:45 PM				6:30—7:30 PM	
Performance Team					4:30—5:30 PM	
Brazilian Jiu-jitsu	8:00 - 9:00 PM		8:00 - 9:00 PM		6:30 - 7:30 PM	
Adult/Teen Basic Level 1 White, Yellow & Orange Level One Black Belt Club Only	7:30 - 8:25 PM 8:25 - 8:35 PM BBC	12:10 - 1:05 PM 7:10 - 8:05 PM 8:05 - 8:15 BBC	7:30 - 8:25 PM 8:25 - 8:35 PM BBC	12:10 - 1:05 PM 7:10 - 8:05 PM 8:05 - 8:15 BBC	5:30 - 6:30 PM	12:00 - 12:55 PM 12:55 - 1:05 PM BBC
Adult/Teen Level 2 & 3 Purple & Up BBC Only Black Belt Masters Club	7:30 - 8:35 PM	12:10 - 1:15 PM 7:10 - 8:15 PM 8:15 - 9:15 PM	7:30 - 8:35 PM	12:10 - 1:15 PM 7:10 - 8:15 PM 8:15 - 9:15 PM	5:30 - 6:30 PM	12:00 - 1:05PM
Soke Phillips Jujitsu	8:30—9:30 PM					
Sensei Denning's BBC MAT RATS GRAPPLING			5:15 - 5:45 PM			

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